

Welcome to Oklahoma Cheer Explosion: We are excited for another great year. Please understand this is a competitive program that goes year round for our teams. Creating a successful and positive environment for our athletes requires rules and policies to be followed. Please remember that competitive cheerleading takes a commitment from athletes and their family. It requires dedication, communication, hard work, and loyalty. All star cheerleading can be an expensive sport. It is the responsibility of the athletes and parents to pay all fees ON TIME, or late fees will be incurred. Athletes that have a balance for any reason will NOT practice if accounts are not paid in full. Parents will be notified if their athlete can not participate in a practice. IF a financial emergency occurs let us know ASAP because we can usually work with a family that has always been in good standing with their account.

After tryouts and team placements, a competition schedule will be provided by the end of September or as quickly as possible. Competitions are an important part of the All star cheerleading season.. COMPETITIONS ARE MANDATORY. When one cheerleader misses a competition for any reason it hurts the entire team. No refunds will be given for any reason including sickness or injury. Team placements will be determined by the coaching staff athletes will be placed on the appropriate team first, if given the option to cross they must be on the first team before they can cross to another team.

IMPORTANT CONSIDERATION BEFORE JOINING

Loyalty and dedication is key to success.

ALL stars are a full commitment from both the athlete and the family.

Cheerleading is a team sport.

We have no back ups or second string athletes.

All practices are mandatory.

When one athlete misses it affects everyone and practices cannot be fully executed.

All athletes must be fully committed and this is an 11-12 month commitment.

Missing practices will result in athletes being moved in routines.

COMMUNICATION is key.

REGISTRATION INFORMATION STUDENT'S

Date of Birth:

Current Age:

Parent/Guardian Name:

Parent/Guardian Cell Phone:

Parent/Guardian Email:

Is your athlete willing to compete as a crossover athlete to a second team?

Allergies/Medications:

COMMUNICATION TO FAMILIES

We will communicate with parents through Facebook Page and Groupme. This will include practice schedules, competition schedules and anything related to all teams. Families are responsible for regularly checking the groups for information. Some older teams setup groups but we require coaches to be in any of these groups to monitor the conversations.

Allstar Tuition

Allstar tuition and fees are due on the 1st of each month and considered late on the 5th. Everyone is required to have a Credit Card on file. Failure to do so will result in athletes not being able to participate in team practices or competitions. Auto pay runs on the 1st. If your account falls behind and payment is not made by the 10th of the month this will result in your athlete not being able to practice with their team or possibly being removed from the team.

Tuition is for a full year> That time is **August 2023 to May 2024** your card will be charged for tuition on the 1st of every month. Tuition is owed weather if the gym is closed due to covid,weather,spring breaks, christmas, thanksgiving or holidays. Your tuition will still be the same. If your child chooses to quit mid season there will be a quitters fee of \$500.00 that will be charged to your credit card on file that same day.

Tuition charges do not fluctuate based on the number or duration of practices in any month

Any payment resulting in an NSF or declined credit card will incur a \$40 service charge. It is your responsibility to update your information with us if your information changes

Accounts not current by end business on the 1st of each month or the next business day if the 1st falls on a holiday or competition day, will be subject to a \$25 late fee. Account must be current to participate in any practices, classes, private lessons, competitions, other events, purchases of merchandise or taking any private lessons.

OCE reserves the right to remove any athlete from their team at any time for failure to keep up with financial obligations or for any reason deemed appropriate.

All accounts must be current before an athlete may collect any clothing, uniforms or other retail items.

If an athlete chooses to leave or is asked to leave OCE for any reason, at any time, any and all funds paid OCE reserves the right to turn over all delinquent accounts to a collection agency, and the parent/athlete will be responsible for any additional costs incurred.

Injured athletes are required to pay their monthly tuition and to attend team practices. Season-ending injuries must be documented as such by a physician and documentation provided to OCE for an athlete to be removed from the program.

Monthly Tuition

Tuition will be charged to the card on file on the 1st of every month. . If your account becomes delinquent, your account will be sent to collections and your child will not be able to participate in practice or comp until your account is caught up. Tuition is due even if the gym is closed. Tuition is for the season which runs **August 2023 to May 2024.** Tuition is owed no matter what even if the gym is closed due to covid,weather or any other reason. The gym does have certain times we are closed for Thanksgiving, Christmas, Spring Break, fall break or other holidays. If your athlete wants to take a tumbling class those are available with an extra fee. These fees do not include a tumbling class however you can enroll in a tumbling class with an additional fee. This includes your weekly squad practice and any added practices. Any additional tumbling classes or privates can be added for an additional charge per month. We do not prorate tuition for holidays or absences, or if gym has to close for any reason (covid, weather,or any other reason)

Tuition All Teams: ***\$125.00 a month***

Tuition with tumbling class ***\$150.00 a month***

COMPETITION FEES – Each team will participate in competitions throughout the season. Dates and locations will be announced once the schedule has been finalized but may be subject to change at any time. There will be a detailed list of competition fees and due dates TBA

CHOREOGRAPHY/MUSIC FEE – OCE outsources its music creation and dance choreography to industry professionals. There will be a fee for this that we will let everyone know the cost for. If an athlete is on more than one team there is a second choreographer fee. This fee verifies and is approximately around \$500.00 (there will be additional fees if the athlete is on more than one team).

COMPETITION UNIFORM - To help keep costs down, we redesign our uniforms every 2-3 years, not yearly. A new uniform costs approximately \$450.00. There could be a chance to purchase used uniform if any athlete is selling.

COMPETITION SHOES - Each athlete will be required to purchase a pair of cheer shoes that are part of their uniform. We will post the shoe information once we have determined the style and brand for the upcoming season.

Practice Exceptions/Attendance

Parents are not allowed to enter the gym during a practice unless a coach gives permission.

Cheerleading is not an individual sport; you have other team members and your coaches depending on you. Please make sure you are on time and ready to practice.

Attend and be prepared to participate in all OCE activities including those which may be unexpectedly added throughout the season.

Please notify your coaches immediately if a conflict occurs.

Notify your coaches immediately of any expected and/or unexpected absences or tardiness.

Absolutely NO ABSENCES are allowed ONE WEEK prior to a competition. Failure to adhere to this policy will result in corrective action and may prevent the absent athlete from performing at the next scheduled event(s).

Excessive absences may result in an athlete's removal from the All-Star program. If you are sick and not contagious or have an injury, you will need to attend team practice. It is important that you watch from the sidelines for any changes in the routine that may affect you and that you continue to support your team members. If your physician recommends you refrain from practice due to an illness or injury, please bring a written note from your doctor to practice. PLEASE NOTIFY YOUR COACHES IMMEDIATELY IF AN INJURY OCCURS. Athletes will be in practice attire that OCE will require, This includes keeping fingernails at an athletic length, keeping hair in a ponytail (hair down is not permitted), wearing deodorant, and exercising other necessary cleanliness habits. All Cell phones should be put up in your cheer bag till practice is over. Any one late or dressed incorrectly will have conditioning after practice. Remember we are training champions and teaching responsibility. This includes practicing in the correct shoes. Athletes should maintain a clean gym atmosphere. We ask that all athletes clean up their own garbage. Any items left in the gym will be lost and found by 1st of next month after that they go to be donated. Athletes should keep conversations age appropriate for the whole team. We will not permit questionable talk in our gym. If any athlete misses practice there will be disciplinary action that may be taken. This could result in after practice conditioning or sitting during practices or the possibility of not attending a competition with the team.

Sportsmanship

Be a positive example to others by being respectful and courteous to everyone. Refrain from gossiping or using any form of verbal confrontation. This includes all **SOCIAL MEDIA PLATFORMS** facebook, twitter, youtube, message boards, snapchat, instagram, etc. Refrain from celebrating the misfortune or defeat of another person, team, or program. In the same way, accept your team placement and awards with dignity and class. Teammates are expected to treat one another with mutual respect. They should talk to one another in the same manner in which they would like to be spoken to. Neither OCE nor its coaches tolerate pettiness, gossiping, or "cliques" which attempt to exclude, alienate or hurt other team members.

LOBBY & GYM GOSSIP

The lobby is closed to all parents. This helps the athletes focus. Rumor discussions, negative talk, excessive complaining, or cursing **WILL NOT** be tolerated. When in the lobby please refrain from talking loudly and do not allow siblings to be roughhousing around. The lobby is to be kept clean at all times. Parents who threaten to remove their child will be removed from the program IMMEDIATELY. Any rumors of athletes quitting will be addressed with the athlete and the parent. This includes anything on social media.

COMPETITION

All competitions are mandatory, please do not make any additional plans the weekend of a competition. All athletes are expected to stay and support one another. We ask that parents sit together. It creates unity and makes a loud and more exciting atmosphere for our athletes. Everyone is expected to attend awards in uniform... no excuses. Arrive early to competitions with athletes ready to compete. We will release info the week of competition that gives times and other important info. Parents are expected to be on their best behavior and provide a positive atmosphere. Teams receiving a bid may or may not attend that event; this is the coach's discretion. There are always additional fees associated with an added event. Athletes that forget bows or a uniform piece will be charged \$10.00 if they need to borrow from a coach or team parent (if available to loan). Parents are not PERMITTED to contact competition VENDORS for any reason at all this is grounds for immediate dismissal. OCE reserves the right to change, add or remove competitions at our discretion.

Parent Code of Conduct

Parents play an important role in their child's commitment to our program. Please read this carefully and understand the commitment you are making. Please initial to the left of each topic in the space provided once you have read and fully understand your role.

_____ If my child is involved in any matter of disrespect toward any member of the OCE cheer staff or teammate, I will resolve this problem with my child immediately

_____ I understand that my child must wear the proper practice attire that is scheduled for any specific day. If my child loses any part of the practice outfit I understand I must purchase a replacement immediately.

_____ I fully understand that OCE reserves the right to suspend my child's participation indefinitely in practice or competition as a disciplinary action if any of the rules, policies, or codes of conduct are broken by the student or parent

_____ I understand that time is essential to both the program and parents. I will do all that is necessary to get my child to practice on time and assure he/she does not leave practice early

_____ I am aware that this is a one-year commitment and will do everything in my ability to enable my child to participate in all practices and competitions throughout this season. I am also aware that if I fail to honor my one-year commitment, no refund, for any reason, will be given to me.

_____ I am aware that inappropriate displays of behavior from parents can result in removal of athletes from their team(s). This applies in all situations including practices, performances, and competitions.

_____ I am placing my child under the supervision and guidance of the OCE coaches, therefore, I will respect and honor decisions made by the coaches.

I have read and understand my role as an OCE parent. I promise to uphold and adhere to the commitment.

Parent Signature: _____ Date: _____

Cheerleader Code of Conduct

Cheerleaders please read carefully and initial each obligation in the space provided. Parents, please explain obligations to your child and initial after each section.

_____ I will come to practice with a positive attitude and I will give my best effort toward the agenda set by the coaching staff. _____ Parent initials

_____ I will not use inappropriate language or participate in inappropriate behavior. I understand that my actions 24 hours a day are a representation of my team and of the OCE Cheerleading program.
_____ Parent initials

_____ I will not disrespect any team member, coach, or competitor for any reason at any time.
_____ Parent initials

_____ I understand that this is a one-year commitment and that a team is depending on me to fulfill my responsibilities as a team member. _____ Parent initials

_____ I understand that by breaking any of the codes of conduct above, I may be suspended or dismissed from OCE. _____ Parent initials

_____ I will wear the scheduled practice wear to each practice. If I lose any of my practice wear I understand that I must replace it immediately. _____ Parent initials

_____ I will arrive at all competitions with my uniform, hair, and make-up ready for competition, according to OCE specifications. _____ Parent initials

The obligations above reiterate the importance of the cheerleader's and parent's responsibilities together. Team sports are based on individual commitments; however, they are fueled by team efforts.

Student Signature: _____ Date: _____ Parent
Signature: _____ Date: _____

Inherent Risks in Cheerleading

Cheerleading is reasonably safe as long as certain guidelines are followed, however there is an inherent risk of injury as in any athletic activity. Cheerleading is an anaerobic/aerobic activity that includes, but is not limited to, jumping, stunting, motions, and tumbling. Each student must inform their coach of all injuries and/or chronic conditions. Although the probability of injury is minimized if you practice correctly, there is always the possibility of one occurring. It is important that each athlete listen to the trained coaching staff -- doing so greatly lessens the risk of injury.

Athlete Signature: _____ **Date:** _____
Parent(s) Signature: _____ **Date:** _____

Website Permission Form

This must be filled out in order for your child's name and/or picture to appear on our website, or any public forum for the use of advertisement and marketing. In the course of updating and maintaining the OCE website, we would like to be able to include photos/images of cheerleaders at various events and activities. All pictures will be in good taste. Please fill in the information below to allow us to use photo/images and first and last names of your child. As a parent or guardian of a cheerleader at OCE, I have read the above information about the publication of photos/images and names on its website and I understand this agreement will be kept on file at the gym. I, _____, give permission for OCE and anyone affiliated with the program to use my child, _____'s name and picture on their website. This permission is granted with the understanding that policy as outlined above is to be followed.

Child's Name: _____

Parent's Name: _____

OCE Waiver and Release of Liability

In consideration of being permitted to participate in any athletic or related activities at OCE, or elsewhere, sponsored by OCE , the undersigned acknowledge, appreciate, and agree that:

1. Prior to participating I should inspect the facilities and equipment to be used, and if I believe anything is unsafe, I should immediately advise the nearest official.
2. The risk of injury from the activities involved in the program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce the risk, the risk of serious injury does exist.
3. I knowingly and freely assume all such risks, both known and unknown, even if arising from negligence of the releases, or others, and assume full responsibility for my participation.
4. I willingly agree to comply with the stated and customary terms and conditions for participation. If however, I observe unusual, significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately.
5. I, for myself and on behalf of my heirs, assigns, personal representatives, and next of kin, hereby release and hold harmless, OCE, its officers, official agents, and/or employees, OCE, Inc., its officers, official agents, and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and; if applicable, owners and lessees of premises used to conduct the event ("releases"), with respect to any and all injury, disability, death, or loss or damage to person or property, whether arising from negligence of the releases or otherwise.
6. Represent and certify that I, the participant, am over 18 years of age, or if I am under the age of 18, I do represent and certify that I have permission of my parents and/or guardian to participate in the stated activities, that they have full knowledge thereof, and that they join me in waiving my right against the releases, a evidence by the signature(s) listed below.

I have read this release of liability and assumptions of risk agreement, fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

_____ Parent or Guardian Signature

_____ Emergency Phone#(s)

_____ Date Signed

_____ Parent or Guardian Signature

_____ Emergency Phone#(s)

_____ Date Signed

2023-2024 Financial Commitment

I have read the Tuition/Fee Information and fully understand my commitment to OCE outlined in this Tryout Packet. I understand that my commitment is for the **2023-2024** All-Star competitive season. I understand that I am giving my credit card/debit card information and that information will be used if I do not meet payment deadlines to OCE. I understand that I will forfeit any monies paid if I choose to leave a team or am asked to leave the program due to violations within this handbook and that there are no refunds when leaving the team. If I choose to leave the team, all fees due must be paid and in addition there is a contract buy-out fee of \$500.00. I understand that I am entering into this program and contract of my own free will.

Parent Signature: _____ Date: _____

Credit Card Authorization 2023-2024 Season

Name As it appears on Card _____

Billing Address _____

Credit Card Number _____

Credit Card Type _____

Credit Card EXP DATE _____

Credit Card CVV # _____

Card Holders Signature _____

Athletes Name _____

We require that you maintain an active card on file. This will be charged 1-5 days of the due date for fees. By signing this document, I acknowledge that I have received a copy of policies & expectations. I also acknowledge that all fees will be charged to card on file for tuition and will be drafted monthly August 2023 to May 2024. I am responsible for these fees for the entire contract time.

Pain Reliever Consent

OCE will not provide Tylenol, Ibuprofen or Aleve to anyone without written permission and consent from a parent or guardian.

Please indicate your preference by checking the appropriate option along with your signature.

_____ **No, I do not want medication provided to my child**

_____ **YES, my child may be provided any of the medication listed above**

Athlete Name _____

Parent Signature _____ **Date** _____

